

Who We Are

Camp Assiniboia is located just 15 minutes west of Winnipeg. Owned and operated by Mennonite Church Manitoba, the camp provides a summer camp program, winter retreats, and year round guest services. The summer program includes sessions for children, youth, and adults with different abilities, all offered from a Christian faith perspective. Camp Assiniboia is accredited by the Manitoba Camping Association.

Goals of the Retreat

Our mission for this **winter retreat for adults with disabilities** is to provide positive stimulation to campers through winter activities, worship sessions and joyful relationships with staff and other campers.

Our Staff

This retreat will be run by a program director that has several years of summer program experience. A Bible instructor and other staff who have summer camp experience will assist the director. A registered nurse will also be on site for the retreat.

Registration and Pickup

This retreat will take place from Feb. 18-20, 2019. Registration for the campers will begin at 1:00 pm on Monday; Caregivers are asked to pick up their campers at 4:00 pm Wednesday.



Program

The retreat will include morning and evening Bible times, indoor and outdoor recreation, a talent show . . . all with the feel of summer camp programming – but in the winter.

Recreation Activities include...

* Outdoor:

Tobogganing	Skiing
Snow shoeing	Broomball
Walks	Sleigh Rides

* Indoor:

Aerobics	Games
Puzzles	Crafts

NOTE: registrations will be reviewed before actual acceptance: if there are concerns, you will be called beforehand.



Accommodations

- Beautiful lodge that includes dining area, fireplace, worship space, and washrooms. The lodge features rooms with bunk beds upstairs.
- Modern, heated cabins (separate from main lodge) with bunk beds and modern washroom facilities in each cabin.

Cost & Registration

\$240.00 per camper, GST included. To receive an **Early Bird Discount of \$20**, registrations must be received by January 11, 2019. We can only accept a limited number of campers so be sure to send in your application as soon as possible! An application form is enclosed . . . if you need extras, call the office. Cheques should be made out to: **Mennonite Church Manitoba**

Transportation

Campers will be responsible for their own transportation to and from the camp.

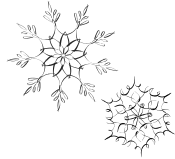


Further Information

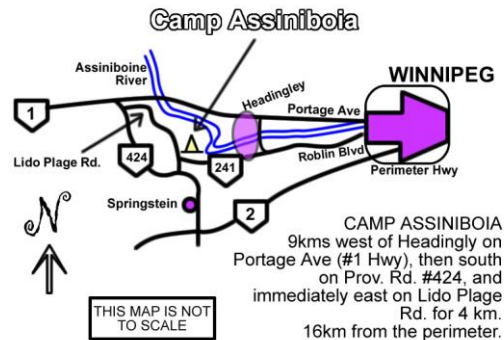
For further information, call the office at (204)895-CAMP[2267], fax (204)832-7804, email: camps@mennochurch.mb.ca, website: www.campswithmeaning.org

What To Bring to Camp

- All hygiene products
- Warm clothing for being outdoors:
 - ❖ Snow pants and/or long underwear
 - ❖ Boots
 - ❖ Mitts
 - ❖ Scarves
 - ❖ Hats
 - ❖ Warm socks
- Indoor clothing:
 - ❖ Socks
 - ❖ Pants, tops
 - ❖ Footwear for indoors (slippers)
- Towel(s)
- Pajamas
- Bibles
- Bed sheet
- Sleeping bag
- Pillows



DO NOT BRING: drinks, food, jewelry, portable music devices or game players, knives, hatchets



Directions to Camp Assiniboia

9 km west of Headingley on Portage Ave (#1 Hwy), then south on Prov Rd #424, immediately east on Lido Plage Road for 4 km. 16 km from the perimeter.

Camp Assiniboia is operated by Camps with Meaning, a ministry of Mennonite Church Manitoba.



WINTER RETREAT FOR ADULTS WITH DISABILITIES



**Camp Assiniboia
Headingley, MB**

Feb. 18-20, 2019